

Michigan High School Athletic Association, Inc.
East Lansing, Michigan 48823

--- ADDITIONAL QUALIFYING STANDARDS ---
2008 BOYS AND GIRLS TRACK AND FIELD REGIONAL TRACK MEET

	DIV. 1		DIV. 2		DIV. 3		DIV. 4	
	B	G	B	G	B	G	B	G
Pole Vault	11'11"	8'2"	11'8"	8'2"	11'0"	7'11"	10'0"	7'0"
Shot Put	45'5"	32'10"	44'3"	31'10"	43'7"	30'10"	41'0"	29'11"
High Jump	5'11"	4'11"	5'10"	4'9"	5'9"	4'9"	5'7"	4'7"
Long Jump	19'9"	15'5"	19'4"	14'11"	18'11"	14'7"	18'5"	14'3"
Discus	132'0"	98'7"	128'6"	97'0"	123'0"	93'2"	115'4"	87'4"
3200 M Relay	---	---	---	---	---	---	---	---
110 M 39" HH	:15.6	---	:16.2	---	:16.6	---	:17.5	---
100 M 33" H	---	:16.9	---	:17.1	---	:17.7	---	:18.4
100 M Dash	:11.3	:13.1	:11.6	:13.3	:11.7	:13.5	:11.9	:13.8
800 M Relay	---	---	---	---	---	---	---	---
1600 M Run	4:38.7	5:36.2	4:42.0	5:41.2	4:48.0	5:48.0	4:59.0	6:06.0
400 M Relay	---	---	---	---	---	---	---	---
400 M Dash	:52.2	1:02.8	:52.9	1:03.7	:53.7	1:04.9	:55.3	1:06.9
300 M I.H.	:41.9	---	:42.7	---	:43.3	---	:45.4	---
300 M L.H.	---	:50.0	---	:51.0	---	:51.9	---	:54.3
800 M Run	2:02.1	2:29.7	2:05.0	2:32.8	2:07.3	2:35.2	2:11.7	2:41.0
200 M Dash	:23.4	:27.5	:23.7	:28.0	:24.0	:28.5	:24.6	:29.3
3200 M Run	10:07.0	12:11.8	10:17.0	12:35.0	10:31.0	12:52.3	11:08.0	13:41.3
1600 M Relay	---	---	---	---	---	---	---	---

--- ADDITIONAL QUALIFYING STANDARDS ---
2008 BOYS AND GIRLS TRACK AND FIELD FINAL TRACK MEET

	DIV. 1		DIV. 2		DIV. 3		DIV. 4	
	B	G	B	G	B	G	B	G
Pole Vault	12'9"	9'6"	12'8"	9'0"	12'6"	9'0"	11'6"	8'3"
Shot Put	49'11"	36'1"	48'4"	35'0"	48'0"	34'7"	45'8"	33'6"
High Jump	6'3"	5'2"	6'2"	5'1"	6'1"	5'1"	6'0"	5'0"
Long Jump	21'2"	16'6"	20'6"	16'3"	20'3"	15'9"	19'9"	15'6"
Discus	145'4"	113'7"	141'9"	111'5"	138'8"	105'10"	130'10"	100'8"
3200 M Relay	8:09.8	9:54.0	8:16.6	10:04.5	8:26.0	10:16.0	8:39.0	10:33.0
110 M 39" HH	:14.9	---	:15.2	---	:15.6	---	:16.0	---
100 M 33" H	---	:15.6	---	:16.0	---	:16.5	---	:17.1
100 M Dash	:11.0	:12.5	:11.1	:12.7	:11.3	:13.0	:11.4	:13.1
800 M Relay	1:31.0	1:45.6	1:32.3	1:49.1	1:33.9	1:51.3	1:35.5	1:53.5
1600 M Run	4:27.3	5:17.4	4:30.3	5:23.8	4:35.0	5:30.0	4:41.9	5:38.2
400 M Relay	:43.9	:51.1	:44.6	:52.0	:45.2	:52.9	:46.3	:54.1
400 M Dash	:50.4	1:00.0	51.0	1:00.7	:51.7	1:01.6	:52.8	1:03.2
300 M I.H.	:39.9	---	:40.9	---	:41.6	---	:42.4	---
300 M L.H.	---	:47.5	---	:48.0	---	:49.0	---	:50.4
800 M Run	1:58.8	2:22.2	2:00.5	2:25.5	2:01.9	2:27.0	2:05.3	2:30.9
200 M Dash	:22.5	:26.2	:22.9	:26.8	:23.1	:27.1	:23.4	:27.7
3200 M Run	9:47.2	11:38.0	9:55.2	11:52.8	10:05.0	12:11.6	10:31.8	12:40.8
1600 M Relay	3:27.2	4:09.5	3:30.5	4:14.5	3:33.1	4:17.7	3:37.5	4:23.9

2008 STANDARD RAISES FOR REGIONAL HIGH JUMP AND POLE VAULT
 Lower Peninsula

HIGH JUMP BOYS AND GIRLS ALL DIVISIONS

BOYS	REGIONAL QUALIFIER	REGIONAL START	1st RAISE	2nd RAISE	3rd RAISE	FINAL QUALIFIER	FINAL START
Div. 1 HJ	5' 11"	5' 8"	5' 11"	6' 1"	6' 3"	6' 3"	6' 0"
Div. 2 HJ	5' 10"	5' 7"	5' 10"	6' 0"	6' 2"	6' 2"	5' 11"
Div. 3 HJ	5' 9"	5' 6"	5' 9"	5' 11"	6' 1"	6' 1"	5' 10"
Div. 4 HJ	5' 7"	5' 4"	5' 7"	5' 10"	6' 0"	6' 0"	5' 9"
GIRLS							
Div. 1 HJ	4' 11"	4' 9"	5' 0"	5' 2"	5' 4"	5' 2"	4' 11"
Div. 2 HJ	4' 9"	4' 6"	4' 9"	4' 11"	5' 1"	5' 1"	4' 10"
Div. 3 HJ	4' 9"	4' 6"	4' 9"	4' 11"	5' 1"	5' 1"	4' 10"
Div. 4 HJ	4' 7"	4' 4"	4' 7"	4' 10"	5' 0"	5' 0"	4' 9"

POLE VAULT – BOYS & GIRLS ALL DIVISIONS

BOYS	REGIONAL QUALIFIER	REGIONAL START	1st RAISE	2nd RAISE	3rd RAISE	4th RAISE	FINAL QUALIFIER	FINAL START
DIV. 1	11' 11"	10' 11"	11' 5"	11' 11"	12' 5"	12' 9"	12' 9"	11' 9"
DIV. 2	11' 8"	10' 8"	11' 5"	11' 11"	12' 5"	12' 8"	12' 8"	11' 8"
DIV. 3	11' 0"	10' 0"	11' 0"	11' 6"	12' 0"	12' 6"	12' 6"	11' 6"
DIV. 4	10' 0"	9' 0"	10' 0"	10' 6"	11' 0"	11' 6"	11' 6"	10' 0"
GIRLS								
DIV. 1	8' 2"	7' 8"	8' 2"	8' 8"	9' 2"	9' 6"	9' 6"	9' 0"
DIV. 2	8' 2"	7' 8"	8' 2"	8' 8"	9' 0"	---	9' 0"	8' 6"
DIV. 3	7' 11"	7' 5"	8' 0"	8' 6"	9' 0"	---	9' 0"	8' 6"
DIV. 4	7' 0"	6' 6"	7' 0"	7' 6"	8' 0"	8' 3"	8' 3"	7' 9"

* FINAL QUALIFIER RAISE

2008 STANDARD RAISES FOR *FINALS* HIGH JUMP AND POLE VAULT
 Lower Peninsula

HIGH JUMP BOYS AND GIRLS ALL DIVISIONS

BOYS	FINAL QUALIFIER	FINAL START	1st RAISE	2nd RAISE	3rd RAISE
Div. 1 HJ	6' 3"	6' 0"	6' 3"	6' 5"	6' 7"
Div. 2 HJ	6' 2"	5' 11"	6' 2"	6' 4"	6' 6"
Div. 3 HJ	6' 1"	5' 10"	6' 1"	6' 3"	6' 5"
Div. 4 HJ	6' 0"	5' 9"	6' 0"	6' 2"	6' 4"
GIRLS					
Div. 1 HJ	5' 2"	4' 11"	5' 2"	5' 4"	5' 6"
Div. 2 HJ	5' 1"	4' 10"	5' 1"	5' 3"	5' 5"
Div. 3 HJ	5' 1"	4' 10"	5' 1"	5' 3"	5' 5"
Div. 4 HJ	5' 0"	4' 9"	5' 0"	5' 2"	5' 4"

NOTE: FINALS USE RAISE CHART UNTIL 9 JUMPERS REMAIN.

POLE VAULT – BOYS & GIRLS ALL DIVISIONS

BOYS	FINAL QUALIFIER	FINAL START	1st RAISE	2nd RAISE	3rd RAISE
DIV. 1	12' 9"	11' 9"	12' 3"	12' 9"	13' 3"
DIV. 2	12' 8"	11' 8"	12' 2"	12' 8"	13' 2"
DIV. 3	12' 6"	11' 6"	12' 0"	12' 6"	13' 0"
DIV. 4	11' 6"	10' 6"	11' 0"	11' 6"	12' 0"

GIRLS

DIV. 1	9' 6"	9' 0"	9' 6"	10' 0"	10' 6"
DIV. 2	9' 0"	8' 6"	9' 0"	9' 6"	10' 0"
DIV. 3	9' 0"	8' 6"	9' 0"	9' 6"	10' 0"
DIV. 4	8' 3"	7' 9"	8' 3"	8' 9"	9' 3"

NOTE: FINALS USE RAISE CHART UNTIL 9 VAULTERS REMAIN.